DURHAM COUNTY SCHOOLS' ATHLETIC ASSOCIATION

CROSS COUNTRY

Mr S. Hannaford Work Tel No: 01325-254525
County Durham Cross- Country Secretary Work Fax No: 01325-254335
18 Cannobie Close Mobile No: 07960-492671
Darlington E: Mail: shannaford12@gmail.com

Co Durham

DL3 8RU Website: www.dcsaa.co.uk

Facebook: durhamcountyschoolsathleticassociation

Twitter: DCSAA@shannaford121

Dear Athlete

Northern Schools' Inter-County Cross Country Championships

If you wish to be selected to represent Durham County at the Inter-County Championships, details of which are below. Please read these details carefully and complete the reply slip at the end of this letter and return it to me by post (Mr S. Hannaford, County Durham Schools' Cross- Country Secretary, 18 Cannobie Close, Darlington, Co Durham, DL3 8RU or by email shannaford12@gmail.com by Monday 27 January 2020. The selected teams will be posted on the website on Tuesday 28 January 2020.

COURSE/TIMETABLE

Provisional Times/Distances:

- 1. 12.30 Senior Boys 6530m
- 2. 12.50 Minor Girls 2700m
- 3. 13.05 Minor Boys 2700m
- 4. 13.20 Junior Girls 3500m
- 5. 13.40 Junior Boys 3830m
- 6. 14.00 Inter Girls 3830m
- 7. 14.20 Inter Boys 5400m
- 8. 14.40 Senior Girls 4500m

Ample parking for cars and coaches close to course, toilets, cafe, but no changing area or indoor space. Full details and selected teams will be posted on the County Durham Schools' website www.dcsaa.co.uk

Please report to the Durham team manager, in the County tent, no later than 1 hour before your event. You will be issued with a number and a County vest (to be returned immediately after your race).

*County sweatshirts and hoodies are available to order. Please complete and return order form with your reply slip. Payment can be made on collection.

Yours sincerely

Simon Hannaford

Cross Country Secretary/County Team Manager

DURHAM COUNTY SCHOOLS' ATHLETIC ASSOCIATION INTER-COUNTY CROSS COUNTRY CHAMPIONSHIPS

Northern Schools' Inter-County Cross Country Championships

Date: Saturday 08 February 2020 (First Race at 12:00pm).

Venue: at Lowther Castle, nr Penrith (CA10 2HH)

PLEASE READ CAREFULLY

- 1. All athletes should meet the team management at the County Tent on the course no later than 1 hour before their race.
- 2. Durham County vests will be issued and MUST be worn (only plain white vests or <u>T-shirts can be worn under the running vest).</u>
 - a. ALL KIT MUST BE RETURNED AFTER YOUR RACE to your Team Manager by YOU personally (Athletes who do not return kit will be billed and may not be considered for future County selection).
- 3. Athletes may not leave the venue until they have checked out with their Team Manager and returned their kit.
- 4. If you order a County sweatshirt, they will be available at the event. They will be available for collection from the team management at the County Tent.
- 5. Selection for the National Championship will follow the Inter-County competition. <u>All successful athletes</u> will be notified by COUNTY WEBSITE inviting them to run for Durham County at the National Championships on the 14th March 2020 at Sefton Park, Liverpool. The Durham team will be travelling down by coach on Friday 13 March and staying in the Holiday Inn at Warrington.
- 6. Reserves will also be notified.
- 7. Please note there is no progression to the National Championships for Year 7 athletes.

Good Luck and I hope you have a good race.

Simon Hannaford

Cross Country Secretary/County Team Manager

SELECTION FOR INTER COUNTY CROSS COUNTRY CHAMPIONSHIPS 2020

| Position in District Race7B / JB / IB / SB / 7G / JG / IG / SG (please circle age group) |
|--|
| Name |
| Date of Birth: District:School: |
| Address |
| Postcode |
| Home Telephone: |
| Mobile: |
| Contact email: |
| I would like to be considered for selection for the Inter-County Championships Signed |
| Signed (parent/guardian/carer) |
| PHOTOGRAPH DECLARATION |
| If you do not wish your son/daughter to be photographed at the Championships, please tick the following box: |
| Return to: Mr S. Hannaford |
| 18 Cannobie Close Darlington Co Durham |

Work Tel N° 01325-254525 / Work Fax N° 01325-254335 / Mobile N° 07960-492671 / E: Mail <u>shannaford@carmel.org.uk</u>

DL3 8RU

Please Return by post or e-mail by Monday 27 January 2020.

Durham County Schools' Athletics Association

| Name: | | | | | For office use | |
|--------------------------------|-----------|---------|-------------|-------------|----------------|--|
| ntact Number: School: | | | | | sh / Cheque* | |
| -Mail: | | | | | *Please Circle | |
| Would Like To Order *(Plea | se Tick). | HAND IN | AFTER COUNT | Y CHAMPIONS | SHIPS. | |
| Size | XS | S | M | L | XL | |
| | 28"/30" | 32"/34" | 36"/38" | 40"/42" | 44" | |
| | | | | | | |
| Sweatshirt (£15) | | | | | | |
| Sweatshirt (£15) Hoodie (£20) | | | | | | |
| | | | | | | |

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Simon Hannaford

Cross Country Secretary/County Team Manager